

Characteristics of Patients Diagnosed with Adrenal Insufficiency in the General Medicine Department of a University Hospital: A Single-Center Descriptive Study

Saneyuki SUMITOMO, Daisuke NISHIOKA, Kazuomi SEKINE, Miwa MISAWA, Fumio SHIMADA,
and Tomio SUZUKI

Supporting Information

S1 Table. Factors associated with adrenal insufficiency, stratified by sex

	Male (n = 40)			Female (n = 82)		
	Adjusted odds ratio (age)	95 % Confidence interval [95 % CI]	P-value	Adjusted odds ratio (age)	95 % Confidence interval [95 % CI]	P-value
Cortisol level (per 1 µg/dL)	0.50	[0.31–0.82]		0.88	[0.71–1.11]	
ACTH (per 1 pg/mL)	0.93	[0.85–1.02]		1.00	[0.94–1.06]	
Fatigue	3.42	[0.48–24.24]	0.22	8.67	[1.05–71.52]	0.04
Weight loss	6.12	[0.98–38.24]	0.05	2.11	[0.56–7.99]	0.27
Headache	0.63	[0.11–3.71]	0.61	1.19	[0.30–4.92]	0.81
Gastrointestinal symptoms	0.46	[0.08–2.68]	0.39	3.17	[0.93–10.79]	0.07
Musculoskeletal symptoms	3.07	[0.71–13.35]	0.13	2.29	[0.66–7.89]	0.19
Psychiatric symptoms	1.22	[0.28–5.43]	0.79	2.11	[0.62–7.15]	0.23
Hypotension	N/A	N/A	N/A	N/A	N/A	N/A
Skin symptoms	N/A	N/A	N/A	N/A	N/A	N/A
Hyponatremia	0.42	[0.03–5.83]	0.42	2.76	[0.23–33.40]	0.42
Hyperkalemia	N/A	N/A	N/A	N/A	N/A	N/A
Hypoglycemia	N/A	N/A	N/A	5.73	[0.33–99.00]	0.23
Anemia	0.39	[0.04–3.75]	0.42	5.13	[1.15–22.95]	0.03
Eosinophilia	1.77	[0.24–12.99]	0.57	2.76	[0.23–33.26]	0.42

ACTH; adrenocorticotrophic hormone