


Annual Report 2023

医学部 臨床実習プログラム 受入学生の声

Name	Sasikarn Diewsurin	
Home University	Mahidol University	
Faculty/School	Faculty of Medicine, Siriraj Hospital	
Program Dates	From 10 April 2023 To 28 April 2023	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

Because this college is specialized in medical knowledge and also directly correlated to the hospital. For this reason, I thought this college is suitable for experiencing medical training systems in Japan and also various diseases, technology and medications. Other's reasons was that this college is established for a long time in a big city (Osaka) so the system must be strong, well-organized and reliable.

2. What is your impression about Osaka Medical and Pharmaceutical University , before and after the program?

Before the program, Because of the different healthcare system in Thailand, I concerned a little because this college and hospital are private since we don't have training systems in private hospital in Thailand. But after the program, I understand more about Japan healthcare system and also the role of private hospital/medical college. This college has various modern medical technologies, talent doctors and competent training systems that promote medical education.

I was also impressed by "Campus" facilities of the medical student such as club/locker/library. I think that is essential for promoting good quality of campus life for students.

3. What have you gained through this program?

I would divide into topics including

1. Medical knowledge in Japanese Hospital Setting
2. Experience of medical technology for example Robotic surgery, 3D glasses surgery
3. Idea of differences of healthcare system between Thailand and Japan
4. Communication skills including English and Japanese
5. Friendship with university students
6. Experiencing Japanese culture both in hospital setting and society setting




4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

At first, language barriers was a great concern for me but with all of your kindness this obstacles seems to be just a little thing. I would like to say from the bottom of my heart that I really enjoyed this 3 weeks and it cannot be happen without all of you. Thank you so much for taking care of me, suggesting, advising and talking to me. I hope I can come here again to visit all of you.

Special thanks to Global center staffs who help me get through this program a lot. They made me feel comfortable and supported even if I was in foreign country.



Name	Papon Wangsaturaka			
Home University	Mahidol University			
Faculty/School	Faculty of Medicine, Siriraj Hospital			
Program Dates	From	10 April 2023	To	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

OMPU has the reputation of being one of the best hospital in Osaka and with its long history, it seemed inevitable to choose to come participate in the course here. In addition, the reputations of the people of Osaka being friendly and easy-going (which is true in my experience) are very important factors because not only that I wanted to gain knowledge here but I'd also like to get to know the people who are working here at OMPU.

2. What is your impression about Osaka Medical and Pharmaceutical University , before and after the program?

I thought that the university hospital is located in an area which won't be that accessible and less convenient to stay in. However, I was totally wrong since there are several stores and restaurants located almost everywhere near the hospital and the accommodation. There is also a park here by which is very nice. Traveling around the area is also very easy to do so since both Hankyu and JR railway station is located extremely close to the hospital. I thought that it would be harder to get around the area and travel between cities.


3. What have you gained through this program?

I have gained knowledge regarding gastroenterology and rehabilitation medicine which I will be able to apply it in my home university to take care of the patients. I have learned a lot about gastroenterology especially since Japan is one of the best in this specialty. For example, technique used to diagnose gastric and esophageal cancer. Furthermore, I have learn about the rehabilitation medicine and its importance to increase the quality of life of the patients. Professor in this department emphasise the increasing need of the department since Japan is rapidly aging and since Thailand is also an aging society, I can use what I've learned here to take care of my future patients both physically and mentally. Additionally I've learned the difference between the curriculum of Thailand and Japan medical universities. Most importantly, I've gained several good Japanese friends who had been taking care of me since the day I started the program.without them, this elective trip wouldn't be completed.



4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

Every professors, doctors, medical professionals and my good friends at OMPU have been trying their best to take care and communicate with us. It really was a pleasure to be participating in this elective course. The program was great and included every aspect of the department. However, it is the people of OMPU that honestly made everything so amazing. I really appreciate everyone's effort and will forever be grateful. Thank Kondo sensei and Miki san for helping us since the first day until the end. Thank you everyone. The only thing I'll miss more than coming here is meeting the kind and generous people of OMPU. 本当にありがとうございます。来てよかった。またねみんな。

Name	Braden Yoshinaga			
Home University	University of Hawaii			
Faculty/School	John A. Burns School of Medicine			
Program Dates	From	3 July 2023	To	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

Out of the different program choices that we were offered through our medical school, OMPU stood out to me the most because of its location and reputation. My grandmother's family hails from Kyoto, so I wanted to attend a program nearby. I had also heard from past medical students who had attended the same program, that their being at OMPU was one of the main highlights of their entire medical school experience. After completing the program at OMPU, I can say that it was indeed a very enjoyable and memorable experience.

2. What is your impression about Osaka Medical and Pharmaceutical University , before and after the program?

Before attending the program, I didn't know much about OMPU as online information was limited. However, I did hear through older peers who have attended the program in the past that it was a great institution to attend an exchange program at.

After completing the program, I can say that I am very impressed by the faculty, students, and facilities at OMPU. Everybody who I have interacted with through this program has been friendly and has acted as great mentors for both myself and my classmates. The students were very cordial and did an amazing job at making us feel welcome in Japan. The hospital was clean, well run, and all of the doctors were bright and enthusiastic about their field of work. I would definitely love to return again in the future.

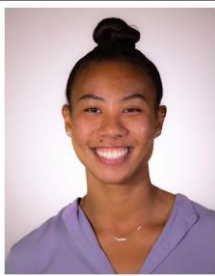
3. What have you gained through this program?

Going into this program, I was hoping to gain exposure to medical fields I had previously not had much exposure to, and I also was eager to learn more about the Japanese healthcare system in comparison to America's. Through this program, I can confidently say that I have fulfilled those desires. Being able to shadow and interact with physicians in the hospital and observe patient encounters and various surgical procedures helped me strengthen my interests in the fields of orthopedics and cardiology. Furthermore, the discussions I was able to have with many Japanese physicians really helped me to compare and contrast the structure, benefits, and downfalls of both the Japanese and American healthcare systems. Overall, this entire program was extremely enriching and educational.

4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

Thank you for your consistent kindness and hospitality. Because of you all, our trip was an incredibly enjoyable and comfortable experience. We appreciate the time and effort you all dedicated to us, and we have gained much knowledge that we will now take with us back home to Hawaii and throughout the rest of our careers. This opportunity was a once in a lifetime experience, and we are truly grateful. ありがとうございました！



Name	D-Dré Wright	
Home University	University of Hawaii	
Faculty/School	John A. Burns School of Medicine	
Program Dates	From 3 July 2023 To 14 July 2023	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

I specifically chose Osaka Medical and Pharmaceutical University because their medical school's staff is trained to teach internationally which I hoped would give me a variety of perspectives on global health.

2. What is your impression about Osaka Medical and Pharmaceutical University, before and after the program?

Prior to the program, all I knew was Japan had universal healthcare. After the program, I have a better understanding of what the Japanese healthcare system looks like. I also have a better understanding of the process of medical education for the medical students and what each year entails.


3. What have you gained through this program?

I gained invaluable clinical experience by watching surgeries and observing how the physicians interact with the patients. Though I could not understand what was being said during the patient visit, the empathetic nature of the physician exuded through their tone and actions.

4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

Thank you all for making my first trip to Japan so meaningful.



Name	Jonathan Liu			
Home University	University of Hawaii			
Faculty/School	John A. Burns School of Medicine			
Program Dates	From	3 July 2023	To	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

I chose Osaka Medical and Pharmaceutical University (OMPU) for my international experience to gain insight into the Japanese healthcare system and the mentality with which Japan approaches medical training. I also wanted to learn about the Zaitaku care system and the different technologies that Japan implements to bolster healthcare accessibility.

2. What is your impression about Osaka Medical and Pharmaceutical University, before and after the program?

My impression of OMPU prior to the program was of a conservative institution with an algorithmic, disease-centered curriculum. I envisioned an efficient, machine-like environment that revolved exclusively around the treatment of the biological disease. I believed that the physicians at OMPU would provide care in a very regimented manner, reflecting years of disciplined and structured training.

After the program, I view OMPU as a progressive institution that prioritizes patient-centered care, looking beyond the patients' biological illnesses to see and treat them, first and foremost, as people. Physicians at OMPU are open-minded, flexible, and collaborative, taking the time to discuss and plan treatment not only with their colleagues, but their patients/patients' families as well. They are extremely hard working and knowledgeable, and are also humble and compassionate. It was an amazing experience to learn from all of them!

3. What have you gained through this program?

Through this program, I have gained many new perspectives on medical care and the different ways in which disease processes may be evaluated and treated. I enjoyed learning about alternative approaches to tricky problems and appreciated the challenge of thinking about familiar things in new and unconventional ways.

4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?


To all faculty members, healthcare professionals, students, and patients from OMPU and University Hospital: Thank you for your guidance, patience, kindness, and encouragement. I wish you all well and hope that our paths may cross again someday!

Department of General Medicine:

- Dr. Suzuki: Thank you for sharing your compassion for patients, passion for medicine, and humor with us!
- Dr. Misawa: Thank you for teaching us about PCCM and the Japanese healthcare system!
- Dr. Hashimoto: Thank you for explaining patient cases, the rationale behind treatment decisions, and various medical concepts to us!
- Dr. Mizutani: Thank you for the helpful mnemonics (e.g. C.C.S.T.E.R.O.I.D.) and for sharing your natto flavored Yaokin Umaibo with me and Tama!

Department of Ophthalmology: I'm sorry I didn't get to meet you all due to illness. I hope that one day I may do research with you and learn more about the field of ophthalmology!



Name	Tama Fukuyama	
Home University	University of Hawaii	
Faculty/School	John A. Burns School of Medicine	
Program Dates	From 3 July 2023 To 14 July 2023	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

I chose OMPU for my international experience because of my family history and close connection to Osaka. My father is from Osaka and I grew up visiting my obaachan in Osaka where she lived until her passing. The last few months of my obaachan's life were spent in the Japanese medical system in Osaka and I had a strong desire to gain insight into her experience within the system.

2. What is your impression about Osaka Medical and Pharmaceutical University, before and after the program?

To be honest, I did not know much about OMPU before the program, but after the program, I have a high regard for the OMPU because of the caring and skilled physicians that I shadowed and the high competency of students and training physicians that I interacted with. I was impressed by the incredible bed-side manner of the physicians I shadowed who I observed treat patients as if they were their own family members.


3. What have you gained through this program?

Through this program, I have gained a cross-cultural perspective on medicine and healthcare. I learned a lot about the differences between the Japanese and American health systems and how a universal health care system affects how the hospital is utilized and how various disease processes are approached. I have gained a deeper understanding of what Japanese patients prioritize/what is important to them and with many Japanese nationals living in Hawaii and the strong influence of Japanese culture, there is much that I can apply to patient populations at home.

4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

To the OMPU faculty, healthcare professionals (specifically of the General Medicine and Obstetrics and Gynecology departments), and students: thank you for warmly welcoming us into your hospital and your patience in translating things into English for us. It was truly an honor to learn from all of you and to be entrusted to take part in the care of your patients. お世話になりました。



Name	Jiwon Heo	
Home University	Seoul National University	
Faculty/School	College of Medicine	
Program Dates	From 3 July 2023 To 28 July 2023	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

The purpose of my international clerkship was to experience medical training of other country and broaden my view on medicine.

The practice of medicine has emphasized evidence-based treatment, and by international guidelines much practice seems to be reaching convergence point. But still, I believe that skills, knowledge, and experience of surgeons and physicians are the driving force of innovation and development.

As a student, I did not want to be so pigeonholed just memorizing 'treatment for A is B'.

So I have always wanted to visit foreign hospital. I believe there is no single answer to medicine, and practice of each country deserves respect. I hoped that experience at another country and putting effort to understand their medical system without bias, would become invaluable asset and give me new insight one day. Also, although there might be difference in specifics of treatment and healthcare systems, I believe the principle that runs through medicine applies the same: The professionalism, attitude towards patients, respect towards coworkers, continuously questioning what you assume as paradigm.

As I studied American and Europe guidelines as reference, I kept questioning about what should be taken into consideration before applying novel treatment approved from western countries to our country. Feasibility test of course, is conducted before any treatment is introduced, but I thought that it would be important for a doctor himself to have experienced the difference, from minutiae to the big picture.

Korea is geographically and ethnically close to Japan, and from western point of view, I thought the differences could be overlooked. For instance, all Asian population could be grouped into the same dosage of a newly FDA approved drug, but genetic polymorphism on CYP enzymes can lead to different pharmacokinetic profiles among each country.

On the other hand, for the very same reason, for the fact that we share more commonality, I felt it would be worthwhile and productive to cooperate with Japanese doctors on research and discussing the best treatment.

As I believe that how one is educated has significant influence on what one thinks, I thought having a clerkship experience in Japanese hospital and observing clinical practice would help me understand Japanese doctors, respect their point of view, and one day cooperate with them for a step forward in medicine.



2. What is your impression about Osaka Medical and Pharmaceutical University, before and after the program?

OMPU Hospital serves successfully as a tertiary medical center in Osaka region, with very skilled as well as knowledgeable staffs and up-to-date facility.

3. What have you gained through this program?

I have learned a lot in terms not only of knowledge, but also of the attitude of the doctors towards their profession as well as patients and coworkers.

Every moment spent at the hospital, either observing outpatient clinic, scrubbing in the surgery, or even small talks with the doctors and students, gave me much insight.



4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

I wish I were fluent in Japanese so that I could express all my gratitude.


It was a challenge for me to come to a foreign country where the language of which I was unprepared of, but thanks to the doctors and students here, I certainly had invaluable experience here. Thank you so much, for the warm greetings, and effort to engage with visiting students.

All the professors and resident doctors were willing to teach and help. I really appreciate their time and effort spent on my education despite their hectic schedule.

Also, I'd also like to thank the students I met here, each of whom was very friendly. I really appreciate them not hesitating to contact me first, and trying to interact with me.

Thank you so much, and I hope to see you all again.



Name ◻	HSIEH GENG RU ◻		
Home University ◻	Taipei Medical University ◻		
Faculty/School ◻	School of Medicine ◻		
Program Dates ◻	From ◻ 2023/08/14 ◻	To ◻ 2023/09/08 ◻	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

I chose Osaka Medical and Pharmaceutical University for my international experience due to my deep love for Japan and familiarity with the country, which motivated me to explore its healthcare system. I was particularly drawn to the Kansai region's unique charm and wanted to witness the excellence of Japanese medical practices firsthand, seeking to bring back valuable insights for my future career. Honestly, I don't have a stereotype of any university before I came, I just find one that seemed friendly.

2. What is your impression about Osaka Medical and Pharmaceutical University, before and after the program?

Before coming here, I didn't have any particular impression of this place. While searching on the website, I felt that it should be a school with a wide range of development opportunities. I also noticed that many international students had come here for short-term exchanges in the past, so I believed that the mechanisms and preparations in this regard should be well-established, making it an internationalized school.

After I arrived, I discovered that there are indeed many international students and physicians here. The teachers and physicians I've met have extensive experience in international exchanges, and the students also have plans to go abroad. It's clear that many people here prioritize international aspects. Additionally, I find this to be an incredibly friendly environment. Whether it's students, teachers, or physicians, everyone I've encountered has been very caring and welcoming to a Taiwanese student who has just arrived. I'm truly grateful for their warm attitude, and it has made me feel comfortable and not too stressed. Having such a supportive environment is really wonderful.

3. What have you gained through this program?

Through this program, I have gained experience of various aspects. Firstly, I have acquired valuable medical knowledge, enhancing my understanding of healthcare practices and procedures.

In the cardiovascular department, I learned about cardiac CT scans, angiography and had the chance to participate in PCI simulation training. I also learned about international medical education, including the differences between medical schools in Japan and other countries. Additionally, I gained knowledge about blood lipid specialists and high cholesterol guidelines. I was introduced to the EMT system and had the chance to observe echocardiography and MRI procedures. I also learned about critical care and cardiovascular medicine, including the use of ECPR. We spent lots of time in catheter room observation the procedure of PCI, Swan-Ganz catheter, etc. These were two fulfilling weeks.

In the gastroenterology department, I follow different groups on different days, we round through wards discuss patient condition, and spent lots of times in endoscopic center for observe the procedure, that's quite special experience that there are some procedures that are not so common in Taiwan. I have less lectures compared to CV department but more times in wards and endoscopic room, that's a little difference.

Additionally, I have gained insights into the unique situations within the medical field in Japan, which have broadened my perspective on global healthcare systems. Furthermore, I have become more informed about the current issues within the Japanese medical system, such as its strengths and challenges, which is crucial for a comprehensive understanding of healthcare on an international scale. With professors or doctors even students, we talked a lot on this kind of topics, exchanging information and expressed our thoughts, that is truly valuable.

Other than the medical aspect, I have also delved into Japanese culture and daily habits, which have provided me with a deeper appreciation for the country and its people. I tried to live like a Japanese, eating Japanese style food and taking their public transportation system, etc. This exposure to Japanese culture has more enriched my impression of Japan. Even I had come here for lots of times, there's no one time that I stayed in such along time like this, the experience is absolutely fantastic.



4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

If I have only one word to say, I will say THANKS. I realized that to make this program work, it requires tons of efforts. So I want to express my gratitude to all the members involved in this program, especially the global center staffs. Thank you so much for helping us since last year. It is your help that makes these all-great things come true.

To all the doctors, teachers, professors I met, I truly feel your care to patients, how politely you treat them, as your own family member. That absolutely impressed me, I should learn from that attitude. I can also feel that you try your best to convey important knowledges for me, I can see the dedication from the details, much thanks.

For the students I met, I'm sooooo glad that I can meet you all in this summer, you guys are really hostile and willing to share, I feel genuine welcome from you all, much appreciate it. I will definitely miss you guys after I go back to Taiwan. Though it's kind of sad to leave, I am sure that we will meet again someday. Please remember that there will be a Taiwanese guy very grateful to you all.


Hope you guys can complete your journey of becoming a physician smoothly, we work hard together.

I can't express how amazing this one month is, it's just beyond my description ability, I'm so grateful that I had this chance to come here, big thanks to OMPU, and my university TMU too.

After I go back to Taiwan, I will do my best to study Japanese for real, hoping the day we meet again, I can talk to you guys in Japanese! And if there's other chances, I will 100% come back here!

Once again, GREAT THANKS! どうもありがとうございます!



Name	Liu, Wei Lun			
Home University	National Taiwan University			
Faculty/School	School of Medicine			
Program Dates	From	9/25/2023	To	

1. Why did you choose Osaka Medical and Pharmaceutical University for your international experience?

As a final-year medical student at NTU (National Taiwan University), after a year of clerkship, I consider now the opportune moment to step out of my comfort zone and broaden my horizons. OMPU provides me with invaluable opportunities to expand my medical knowledge, enhance my clinical skills, and gain a global perspective in healthcare. From a totally different population of patients, getting to know and work with Japanese professionals, the richness in clinical and research resources, not to mention the history and culture of Japan. I am confident that this possibly once in a lifetime experience will have a lifelong impact on my career as a physician.

2. What is your impression about Osaka Medical and Pharmaceutical University, before and after the program?

Before my election program, I consider OMPU with an university hospital which is rich in clinical and research resources, with an abundance of healthcare professionals and patients. After staying in ophthalmology, dermatology, radiology, and breast surgery departments one week each, I realized the atmosphere where not only students, but also interns, residents, and even attending physicians can experience a teaching environment. The departments work as a team rather than individuals, this is truly a value for others to look up to and cherish.



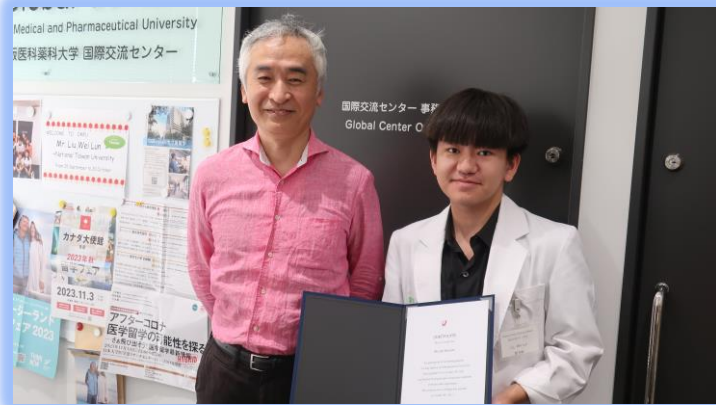
3. What have you gained through this program?

During my four-week elective program in ophthalmology, dermatology, radiology, and breast surgery departments, although the content may differ, the program is well designated for me to participate in each aspect of the departments. From operation rooms, outpatient clinic and treatment, to conferences, rounds, and even some lectures. Not only could I take a close observation, everyone was willing to take questions and explaining in English for me. Besides clinical practice, I am more than grateful for being treated as a member of the OMPU family.

4. Any message to the faculty members, healthcare professionals and students from Osaka Medical and Pharmaceutical University and University Hospital?

To all of whom I met during my stay in OMPU, from members of the global center, healthcare professionals from ophthalmology, dermatology, radiology, and breast surgery departments, to students of all grades. Four weeks of elective program ended in a sudden, without any one of you, it would not have been such a wonderful journey. It is my greatest honor and pleasure meeting every one of you, this definitely will not be a once in a lifetime experience. I will take the memory to heart, thank you for everything and hope to see you again soon.







Annual Report 2023

医学部 臨床実習プログラム_受入学生の声

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